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3 Secrets You're Better Off Keeping from Your Husband

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Honesty isn't always the best policy when you run the risk of hurting your spouse's feelings. While we certainly don't advocate lying to your significant other, in certain instances, experts have found it's best to keep your lips sealed instead of crushing his heart (or ego) into tiny pieces.

You hate the gift he gave you

Sure, he put a lot of effort into finding you the perfect gift and he's really proud of it too, but as nice as it is and as much as you really do appreciate it, it's just not your taste. "Unless he has a chronic habit of getting you bad gifts, let it go and keep your thoughts to yourself this time around," advises relationship expert and author April Masini. "Lesson learned that next time there's a gift giving opportunity, drop hints that are about as subtle as elephants in the room."

See more: [How to Heat Things Up With Your Husband](#)

You didn't think the sex was that great last night

If he had an off night in bed, Masini recommends just letting it go. "Next time will be better," she notes. "If it does become a trend, then have an honest and open discussion about it together. But for now, keep it to yourself if it's a one time thing."

You fantasize about your single days once in awhile

At one point or another, we all have forbidden fantasies about what we would (or could) be doing if we were single, whether it be jet setting off to France or having hot sex with the cashier at the organic grocers. "Unless you actually plan on running off to Paris or having sex with the cashier though, these private spaces are yours," notes author and clinical psychologist, Dr. Ramani Durvasula. "Tell a friend, tell a therapist, but these truths won't benefit your marriage and may even insert some doubt."

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