

7 Ways to Reignite Your Relationship

By [ScrewingTheRules](#) | Love + Sex – 11 hours ago

by [ScrewingTheRules](#) **Dating Coach** [Laurel House](#)



Do you remember the excitement of the first weeks, months, and maybe even years of your relationship? When you made sure to put effort into your appearance, you checked your attitude, you went out of your way to add spice to your sex life, and you did the little things that made the amazing new love of your life feel special.

What happened?

Sure, you threw your love a lavish surprise birthday party last year and you created a super sexy weekend several months ago and that's great! But it's not the grand gestures and expensive overtures that make a relationship. It's the moments between. It's the little things. It's the daily habit.

Sometimes we just get lazy, which, according to relationship expert and author [April Masini](#), is a recipe for a wilted relationship. "Long-term, committed relationships don't just happen on their own. They require nurturing. When you slack off on the job, your relationship will wilt."

So stop slacking! It's time to infuse the excitement back into your relationship... tonight! Here's how:

1. Tell him how much you appreciate him!



April reveals that, "men love to be told how awesome they are. They want to be your knights in shining armor. Don't forget to tell him how grateful you are for the specific things he does for you." You may think that *he already knows*. Well tell him again anyway! You can't be appreciated too much.

2. Write a Love Letter



You don't have to be a pro to write a love letter...

A written letter or sweet card makes a huge difference when it comes to showing your love that you appreciate them. Sometimes we think "they know how much I love them," so we skip the mere minutes it takes to put those thoughts on paper and miss out on an opportunity that can leave a lasting and deep impression. April encourages that you even take the next step and couple that letter with his favorite candies or homemade baked goods, "leave them for him in his office, his car, his briefcase - or somewhere he'll be sure to find them when you're not around."

3. Surprise!



present

Dr. Jane Greer, New York-based marriage and sex therapist and author of [What About Me? Stop Selfishness From Ruining Your Relationship](#)

Suggests adding an element of surprise to make it exciting. Invite your partner into your morning shower, have an unexpected roll in the hay when ordinarily you wouldn't be able to be intimate with each other, plan a romantic dinner out, schedule a romantic trip, buy him/her new underwear that you know they would like, surprise him/her with an unexpected, loving card...anything that is thoughtful, loving, and romantic.

4. Give Him Some Eye Candy



Victoria's Secret

Lingerie goes a long way when it comes to turning your man on! Treat him (and you) to a new set of sexy matching bra and panties.

5. Play The Role



Sexy Wonder Woman

BuyCostumes.com stocks pretty much every role you want to play.

If you're a touch tough and known as a ball busting business woman, why don't you play nice tonight with a [sexy school girl](#) costume?

Or maybe you are already the sweet one with a knack for nurturing your man as your main priority? Slip into a skin tight [Wonder Woman](#) costume complete with a long, [black wig](#) and [netted stockings](#)?

6. Buzz Me, Tie Me, Spank Me...



Adam & Eve Couple's
Enhancer Ring

Ready to get a little naughtier? Adam & Eve is your destination! No need to feel embarrassed going into a sex shop when you can just get online and have a package discretely shipped directly to your door. A few favorites? You move like this, then I move like that, you touch me like this, then I touch you like that... and aaaaahhhhhh. Oftentimes sex because so routine that you have the moves, positions, and timing down to a science so exact that it's no longer exciting and instead a means to an end. It's time to change it up with some sex toys. But you have already done the dildo and the rabbit plays a recurring role in your routine? Well have you tried the **We-Vibe**? It's one of the world's most popular couples' vibrators worn during sex to stimulate the g- and c-spot. It slips over your pelvic bone, clipping onto your clit while simultaneously extending inside your vaginal to press against the g-spot.

[Adam & Eve Wave Massager](#)

[The Assifier](#)

[Adam & Eve Couple's Enhancer Ring](#)

[A&E's Scarlet Spank Me Paddle](#)

7. Sin



Cheating wife

Rabbi Shmuley Boteach, known as "America's Rabbi," and the international best-selling author of 30 books including "Kosher Lust" which is all about adding lust to the relationship to help reinvigorate it, says that love isn't enough to sustain a relationship. After all, we love our pets, our chocolate, and exercise class. Love fades over time. Lust endures. He developed 3 rules to revive a relationship that, interestingly enough, he developed based on Steve Jobs principles in marketing the iPhone.

Unavailability

Mystery

Sinfulness

His theory is lengthy and fascinating, but for the purpose of this article, let's focus on just one element: Sinfulness. "Sin is exciting, say Rabbi Shmuley. "Everything which is legal is boring." So how do you create a sinful relationship within the framework of monogamy and trust? Exploring fantasy. But not fantasy with you're your partner. You are actually talking with your partner about fantasies with others. Yeah... this is good stuff. "Woman have fantasies about other men, but she doesn't talk about them because she is afraid that her partner's fragile ego can't handle it. But the fact is that we should have those conversations or we end up living in an erotic isolated cocoon that is not real. And that leaves us lonely." So what do you do? Rabbi Shmuley suggests that you "create an erotic framework where these flirtatious games are exciting, not harmful or hurtful. When discussed in the right way at the right time it opens our eyes to the erotic dimension of one's spouse." This is not about finding a physical solution. In fact, Rabbi Shmuley views the focus on the physical as one of the problems that our society has. "Eroticism is created in the mind. And it translates itself with physical expressions."