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Get into position

Lie on your back while he lies facedown on top of you.

What's the benefit?

Simple, elegant, effective, and surprisingly versatile.

Next-level move

You can drastically change the sensation for both of you by shifting the angle of your legs.

Can't figure it out? Picture this:



Each of our Best Sex Positions Ever comes recommended by some of the best experts out there. Here's a full listing of our panel's credentials: April Masini (author of Think and Date Like a Man) ; Rebecca Rosenblat (sex therapist and the author of Seducing Your Man) ; Dr Sandor Gardos (sex therapist and founder of MyPleasure.com, an online site that provides adult toys and education) ; Dr Yvonne K Fulbright (Women's Health US sex and relationships advisor) ; Dr Scott Haltzman (author of The Secrets of Happily Married Men: Eight Ways to Win Your Wife's Heart Forever).

Ready for round two? Try more of our [best sex positions ever.](#)

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