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Get into position

Have him sit on the edge of the bed with you sitting on his lap and facing away from him.

What's the benefit?

This move will hit the spot...as in your G-spot. It's great for G-spot stimulation while you can use your hands to stimulate him.



Next level move:

Bring your knees closer to your chest, supporting your feet on the bed.

Can't figure it out? Picture this:



Each of our Best Sex Positions Ever comes recommended by some of the best experts out there. Here's a full listing of our panel's credentials: April Masini (author of Think and Date Like a Man) ; Rebecca Rosenblat (sex therapist and the author of Seducing Your Man) ; Dr Sandor Gardos (sex therapist and founder of MyPleasure.com, an online site that provides adult toys and education) ; Dr Yvonne K Fulbright (Women's Health US sex and relationships advisor) ; Dr Scott Haltzman (author of The Secrets of Happily Married Men: Eight Ways to Win Your Wife's Heart Forever).

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