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Get into position

Ready? Have your man kneel while you lie back with your legs resting on each of his shoulders.

What's the benefit?

Raising your legs narrows the vagina and helps target your G-spot. And there's nothing wrong with a gentle bum massage, either...

Next-level move

Ask him to start rocking you in a side-to-side or up-and-down motion. That should bring his penis into direct contact with your G-spot. Bullseye.

Can't figure it out? Picture this:



*Each of our Best Sex Positions Ever comes recommended by some of the best experts out there. Here's a full listing of our panel's credentials: April Masini (author of *Think and Date Like a Man*) ; Rebecca Rosenblat (sex therapist and the author of *Seducing Your Man*) ; Dr Sandor Gardos (sex therapist and founder of *MyPleasure.com*, an online site that provides adult toys and education) ; Dr Yvonne K Fulbright (Women's Health US sex and relationships advisor) ; Dr Scott Haltzman (author of *The Secrets of Happily Married Men: Eight Ways to Win Your Wife's Heart Forever*).*

Ready for round two? Try more of our [best sex positions ever](#).

