

Get into position

Get him to sit down with his legs bent and leaning back on his hands and forearms. Do the same and then inch towards each other (think sexy crab crawl) until you connect.

What's the benefit?

You'll both feel really connected looking at each other and you'll give your triceps a workout. Double win.


Next level move:

Slide ice cubes down his chest and let the cold water collect at the base of his pelvis. Brrr... now *that's* hot!

Can't figure it out? Picture this:



*Each of our Best Sex Positions Ever comes recommended by some of the best experts out there. Here's a full listing of our panel's credentials: April Masini (author of *Think and Date Like a Man*) ; Rebecca Rosenblat (sex therapist and the author of *Seducing Your Man*) ; Dr Sandor Gardos (sex therapist and founder of *MyPleasure.com*, an online site that provides adult toys and education) ; Dr Yvonne K Fulbright (Women's Health US sex and relationships advisor) ; Dr Scott Haltzman (author of *The Secrets of Happily Married Men: Eight Ways to Win Your Wife's Heart Forever*).*

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