



© Shutterstock

Get into position

Get into a partial bridge position (a cinch for pilates regulars), with your weight resting on your shoulders. Let him enter you from a kneeling position, holding on to your thighs for support.

What's the benefit?

It allows him easy access to stimulate your clitoris and massage the *mons pubis* (fancy latin term for the tissue that covers the pubic bone).

Next level move:

Throw one leg up against his shoulder for deeper penetration. Ahhh....

Can't figure it out? Picture this:



Each of our Best Sex Positions Ever comes recommended by some of the best experts out there. Here's a full listing of our panel's credentials: April Masini (author of Think and Date Like a Man) ; Rebecca Rosenblat (sex therapist and the author of Seducing Your Man) ; Dr Sandor Gardos (sex therapist and founder of MyPleasure.com, an online site that provides adult toys and education) ; Dr Yvonne K Fulbright (Women's Health US sex and relationships advisor) ; Dr Scott Haltzman (author of The Secrets of Happily Married Men: Eight Ways to Win Your Wife's Heart Forever).

-  Like 4
-  Tweet 1