



Get into position

He stands while you straddle him, wrapping your legs around his body. Don't worry about falling - he's got your back (and your bum). You can start on the bed and have him pick you up without disengaging, or for the truly bold, you can hop on from standing position. All aboard!

What the benefit?

Apart from giving his arms a workout? This position is super sexy (remember that scene in *The Notebook*?), allowing you to maintain that all important eye contact. Just make sure he spreads his thighs slightly and doesn't lock his knees. Note: if he has a bad back, this position is a very bad idea!

Next-level move

Have him push you up against a wall - carefully, mind.

Can't figure it out? Picture this: