



Login | Sign up

Search

ENTERTAINMENT | BEAUTY | LOVE | PARENTING | PETS | HOME | LIVING | FOOD | HEALTH | EXPERTS | SHOPPING | CONTESTS | GAMES

SEX TIPS & SEDUCTION SECRETS Seduction Techniques Sex Tips, Sex Toys & Fun

Safari Power Saver
Click to Start Flash Plug-in

Unprotected sex? Birth control failure?



Plan B One-Step[®] is a registered trademark of Women's Capital Corporation. ©2013 Teva Women's Health, Inc. PBO-40178 September 2013

How every relationship can benefit from sex toys

Nov 01, 2013 5:30 AM by Elizabeth Mitchell
Posted in Love & Sex / Sex Tips & Seduction Secrets / Sex Tips, Sex Toys & Fun
Rate this Article:

Like 5 Send

Tweet 13

0

0

Safari Power Saver
Click to Start Flash Plug-in

72:00:00

**Birth control failure?
Unprotected sex?**



Plan B One-Step[®] is a registered trademark of Women's Capital Corporation. ©2013 Teva Women's Health, Inc. PBO-40172 September 2013



You don't have to follow in the footsteps of Christian Grey and Anastasia Steele to have a little fun experimenting in the bedroom! Sex toys can add a whole new dimension to your relationship and make your bond that much stronger, before it's too late.

your@email.com

trending stories



SEX TIPS, SEX TOYS & FUN 43
Top 10 sex positions for mind-blowing orgasms



COUPLE TIME & ROMANCE 216
Top 50 famous love quotes

Believe it or not.

Toying around

Better sex

What couple doesn't crave even more enjoyable sex!? "Everyone could use more sex — it's a good thing," says Stacy Rybchin of My Secret Luxury. "Sex toys help couples to spice things up and have a variety of exciting experiences in the bedroom. If your sexual attitude is playful, then your sexual relationship will be more satisfying."

Extra orgasms!

Did you know that about 75 percent of women can't reach orgasm through penetrative sex and nearly 50 percent have faked the "Big O" at least once? According to Rybchin, it's true! "If you use sex toys, your chances of reaching an orgasm increase dramatically. Most women need clitoral stimulation to orgasm. That's why sex toys (vibrators especially) are an excellent way to help you climax." And clearly, the best sex includes an orgasm for each partner, right?

No pressure

A lot of men may feel replaced and inadequate when sex toys are used in the bedroom; however, others feel that the pressure is off them to perform, explains relationship expert and author April Masini of AskApril.com. This can definitely enhance your relationship. Go slowly. "If you think your partner is going to be nervous or reject your suggestion of using a sex toy, don't pop it out of a box after you're both naked. Start talking about it little by little in non-sexual scenarios, like over coffee in a coffee shop," she suggests. "And don't present it as an all or nothing proposition. There is nothing that feels more like sexual pressure than a partner who says, 'OK, here's what we're doing next.'"

Intimacy benefits

Many women hate their bodies, which can sometimes cause intimacy issues, points out Rybchin. "Using sex toys during mutual masturbation or sex can reduce the anxiety of being naked and help create more intimacy." If your partner isn't feeling it, allow rejection of a sexual aid or sex toy, but don't give up, recommends Masini. "Let the person rejecting the sexual aid or toy feel that they have power in their rejection. And do be prepared to drop the idea altogether. Don't be afraid to bring it up again in a couple of weeks in a different way as a possibility though,"

she says. "For example, when your partner is in a good mood or happy about something you've been generous about, remind him or her that you'd really like to try a certain thing, just once, whenever they say they're ready."

More sex and relationship advice

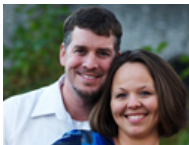
- How your relationship can boost your brainpower
- How texting can ruin a relationship
- Online dating: Horror and success stories

Tags: sex toys

Like 5 people like this. Be the first of your friends.

Start

related articles



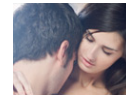
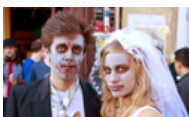
10 Lessons from 10 years of marriage



How to move on when you're convinced you can't



Love horoscopes: Oct. 28 – Nov. 3



SEX TIPS, SEX TOYS & FUN
5 Things he wants you to say in bed



SEX FACTS & STUDIES 2
50 Crazy sex facts for the modern woman

Safari Power Saver
Click to Start Flash
Plug-in

72:00:00

Birth control failure?

Unprotected sex?



Plan B One-Step® is a registered trademark of Women's Capital Corporation. ©2013 Teva Women's Health, Inc. PBO-40171 August 2013