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## WHAT DID SHE DO TO HER HAIR?

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Your co-worker walks in one morning with what is obviously a new hairstyle (such as a much different color or a considerably shorter length). You don't really like how it looks, but failing to acknowledge the change would be like pretending not to notice an elephant in the room. What can you say or do?

Relationship expert April Masini of the advice column [Ask April \(http://www.AskApril.com\)](http://www.AskApril.com) suggests trying one of these options for handling the situation gracefully:

**“Wow! You changed your hair. Do you like it?”**

You're being positive and asking the other person's experience and feelings about the haircut. Eliciting an opinion is a great way to deflect your own! And folks love to talk about themselves, so you're doing a good deed at the same time.

**“Hey, look at you! That's such a big difference. You're very brave. I could never cut my hair that short in one sitting. I admire that about you!”**

You acknowledged the change in appearance and complimented the person on her character (if not her hairstyle).

**“That's a really striking haircut! Where did you have it done?”**

You gave a quasi-compliment and then deflected the conversation towards the venue and who did it, etc. The person will never miss a better compliment because you'll be chatting about hair salons and hairdressers, not the particular coif.

**“I love it!”**

There are full on lies that are intended to hurt someone, and then there are little white lies that make life easier all around. The latter are not only acceptable, they're tools you should keep in your bag of tricks to make every facet of your life function more smoothly.

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