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By [Meagan Morris](#) | Yahoo! Contributor Network – Tue, Jul 30, 2013 11:19 AM EDT

It happens every morning: you're busy dreaming about Ryan Gosling, a tropical island and then... your alarm goes off.

So annoying.

It's so hard getting up at zero-dark-thirty every day, and the last thing you want to do is spend an hour getting ready. Surely, no one will notice if you just throw your hair in a ponytail and slide into the office with no makeup.

"It's not uncommon to let your beauty habits slide when you're busy with work," [LinkedIn career expert Nicole Williams](#) tells [Yahoo! Shine](#). "Often, we get so entrenched in our work that we can't pull ourselves away from the desk to get a much needed manicure or schedule an appointment to touch up our highlights."

But, chances are, someone will notice, and it won't have a positive impact on your career.

"Your boss hired you because you do great work, but you need to make sure you look the part as well! People don't necessarily notice when you are put together, but they almost always notice when you aren't," explains Williams.

Still unconvinced? We asked career experts to weigh in on what your beauty missteps say about you -- and your ability to do your job.

Messy hair

Messy ponytails might be on-trend, but showing off a disheveled style during that meeting gives off an unprofessional vibe.

"Hair that hasn't been cut since Christmas (and we're creeping up on Labor Day) is going to let your boss know that you're not meeting-ready," [relationship and career expert April Masini](#) tells Yahoo! Shine.

One way to save time on your hair and look professional is to get a blowout.

"Blowouts are my guilty pleasure," Williams says. "If you need an extra ego boost for that upcoming presentation, why not spend \$40 on a blowout? Check out DryBar for a picture perfect blowout for \$40, including the wash!"

Bonus: A good blowout will last several days -- just use some dry shampoo to control any oil and you'll save serious time styling in the morning.

Grown-out roots

There's a definite difference between rocking an ombre style and just letting your roots grow out. Don't assume that people won't notice that you're letting your blonde hair grow out. They will, and it won't give a good impression.

"This sends the message to your boss that you're not aware of how you look, and what your appearance is actually saying about you," Masini explains.

"This signals that you may not pick up nuances at work or in meetings."

Make sure you're getting your roots touched up every few weeks, or at least find a style that will conceal them until you can get into your stylist.

Chipped manicures

No one looks at your fingernails, so who care what they look like, right?

Think again.

"Chipped nails are especially bad if you have to make any type of presentation or hold a wine glass at a company party, or even a coffee mug at a meeting. This sends your co-workers the message that you just don't take care of your nails -- or business," Masini says. "And if you bite your nails, it shows that you've got anxiety issues that affect your appearance and possibly your performance."

But, nail polish chips so easily and who has an hour every day to maintain a manicure? No one, but at-home gel polish kits, like the [Sally Hansen's At-Home Gel Polish Kit](#) (\$69), gives a professional polish and lasts up to two weeks with no chipping, smudging, or cracking.

No makeup... or too much makeup

No makeup sends the boss the message that you are a behind-the-scenes person, Masini says.

Not interested in wearing a bunch of makeup to work? You don't have to wear much: just add a little CC cream to even out your complexion, blush, and a little mascara.

But that doesn't mean you should pile on the product, either. "Too much makeup sends the message that you're someone who's big on appearances and possibly not very down to earth," explains Masini.

Well-maintained eyebrows also add to a polished look. "Keeping your brow up to par is essential in letting people know you take the time to put thought into your appearance," Williams says. You don't have splurge for threading or waxing, either. Williams likes to tweeze with [Revlon's Diamond Grip Slant Tip Tweezer](#) (\$13).

Excessive perfume

We all know that woman that wears so much perfume you know she's coming before she even enters the room. Don't be that girl.

"You want to make sure that you create a strong presence at work that goes beyond what you look like -- because you're creating aural sensations when you wear too much perfume," Masini says.

Plus, certain perfumes can irritate your coworkers' allergies. Instead, opt for a fresh, simple scent for work. Or, forgo the perfume and just use a scented body wash for your work fragrance.

Tell us: Do you think your beauty habits have an affect on your career?

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